

**THIRD ANNUAL
FOOT & ANKLE RESEARCH, MEDICINE AND
SURGERY SEMINAR**

JUNE 19, 2015 - JUNE 20, 2015



Sponsored by an unrestricted education grant from
Biomedical Research Institute of New Mexico

Continuing Education Contact Hours (CECH)

**The American Academy of Family Physicians (pending approval)
&
The Council on Podiatric Medical Education (15.45 CECH)***

* Podiatry Services VA Central Office is approved by the Council on Podiatric Medical Education and is a sponsor of continuing education contact hours for this activity.

New Mexico Veterans Affairs Health Care System
Medical Education Building #39
1501 San Pedro, SE
Albuquerque, NM 87106

FRIDAY JUNE 19, 2015

7:30-8:00	Coffee/Tea/pastries	Registration
8:00-8:15	Roya Mirmiran, DPM	Introduction & welcome message
8:15- 9:00	Ross Taubman, DPM	Just Because You Can, Should You? Preventing Acts of Negligence
9:00-9:45	Albert Burns, DPM	Approach to Lower Extremity Trauma Principles, Tips and Techniques
9:45-10:15	Jeffrey Page, DPM	Complex Regional Pain Syndrome: Current Concepts
10:15-10:30	BREAK	
10:30-11:00	Jeffrey Page, DPM	Reliability of the Measurement of Ankle Joint Dorsiflexion
11:00-11:30	Sarah Mele, DPM	Chronic Ankle syndesmotoc injuries and treatment
11:30-12:00	Richard Miller, MD	Fusion for Ankle and Subtalar Arthritis
12:00-13:00	LUNCH	
13:00-13:30	Richard Miller, MD	How I treat Lisfranc's Fractures?
13:30-14:00	Jeffrey Page, DPM	Tropical Cutaneous Diseases: You see what you know
14:00-14:20	Justin Ward, DPM	Equinus Deformity in Cerebral Palsy
14:20-14:40	Shelby Kear, DPM	Use of Skin Grafts in Foot and Ankle
14:40-15:00	James Townson, DPM	Tibial Plafond OCD Treatment: How to fix the ceiling?
15:00-15:15	BREAK	
15:15-16:00	Albert Burns, DPM	Flatfoot Correction Based on Planal Dominance
16:00-16:15	Joshua Marshall, DPM	Revision Triple Arthrodesis
16:15-16:30	Dustin Hubbard, DPM	Failed Lateral Ankle Stabilization
16:30-16:45	Collin Smith, DPM	Methods to Diagnose Syndesmotoc Injuries
16:45-17:00	Derek Harper, DPM	Mueller-Weiss Diagnosis & Treatment

SATURDAY JUNE 20, 2015

8:00-8:45	Lawrence Harkless, DPM	Interaction of Vascular Disease with Neuropathy
8:45-9:15	Sarah Mele, DPM	Ankle Fractures in Diabetes: Should we treat them differently?
9:15-10:00	Lawrence Harkless, DPM	Prophylactic Surgery to prevent Amputations
10:00-10:15	BREAK	
10:15-11:00	James Goff, MD	Treatment Options in Lower Extremity PAD
11:00-11:30	John Marek, MD	Update on a Limb Salvage Program
11:30-12:00	Juliet Lopez-Marek, MD	Necrotizing Fasciitis, Diagnosis and Treatment When to cut and when to monitor
12:00-13:00	LUNCH	
13:00-13:45	Selina Silva, MD	Congenital Vertical Talus
13:45-14:00	Vanousheh Ghandhari, DPM	Poroid Hidradenoma in Lower Extremity
14:00-14:15	Dustin Grether, DPM	Cryosurgery in Foot and Ankle
14:15-14:30	Stephanie Gonzalez, DPM	Treatment Options in Rheumatoid Arthritis
14:30-14:45	Kreig Lewis, DPM	Management of Periprosthetic Fungal Infections
14:45-15:15	Albert Burns, DPM	HAV Correction: Pathology and Etiology
15:15-15:30	BREAK	
15:30-16:15	Selina Silva, MD	Clubfoot
16:15-17:00	Sarah Mele, DPM	Charcot Neuroarthropathy Evidence guided medical/surgical therapy
18:00-19:00	Keynote Lecture: EHR and Wound Care: Making the Technology Work for Us	Jeffery Robbins, DPM
19:00-21:00	Graduation Celebration & Awards	Sheraton Airport Hotel

Registration

Prefix: _____ Name: _____ Title: _____

Address: _____

Email: _____

Badge Name: _____

Phone: _____ Fax: _____

_____ Residents & Students	Free
_____ VA Federal Employees	Free
_____ New Mexico VA-Resident Alumni	\$50
_____ Residency Program Podiatric Faculty	\$99
_____ Other DPM's, MD's, PA's, RN's	\$150

Please submit a check to: Biomedical Research Institute of New Mexico
1501 San Pedro Dr. SE, Building 14
Albuquerque, NM 87108

Contact Information: Alisha Saiz (Alisha@BRINM.org)
Event Coordinator: Roya Mirmiran, DPM (Roya.Mirmiran@VA.gov)

Registration fees include tuition to the seminar, continental breakfast, lunch, breaks and the social hour reception on Saturday evening. Deadline for early registration is **May 15, 2015**. Please add \$50 late fee charge if the check is submitted on or after May 16, 2015. Registration is non-refundable.

This Seminar is sponsored by an unrestricted education grant from Biomedical Research Institute of New Mexico. The Biomedical Research Institute of New Mexico (BRINM) is a post-funded, non-profit organization that does not provide any product or services. BRINM receives and distributes unrestricted grants from industries in support of continuing medical education and research.

Accommodations: A block of rooms has been reserved for participants at Sheraton Hotel Airport located at 2910 Yale Blvd at discounted nightly rate of \$83 single/\$93 double occupancy. Please mention "Foot and Ankle Seminar" to get the discounted rate. All rooms have high-speed internet access. To make reservations, please contact the hotel at 1-800-227-1117 before May 24, 2015 to obtain the discounted rate.

Continuing Education Contact Hours:

This activity, Foot and Ankle Research, Medicine and Surgery Seminar, with a beginning date of 6/19/2015, has been submitted for review and acceptable credit(s) by the American Academy of Family Physicians. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Podiatry Services VA Central Office is approved by the Council on Podiatric Medical Education as a sponsor of continuing education in podiatric medicine. VHA National Podiatry Services has designated **15.45** continuing education contact hours for this activity. Certification for continuing education contact hours will be awarded for those podiatrists that participate in the entire presentation and complete the program evaluation.

**Third Annual Foot & Ankle Research, Medicine and Surgery Seminar
June 19, 2015 & June 20, 2015**

COURSE DESCRIPTION

The 2015 Third Annual Foot & Ankle Research, Medicine and Surgery Seminar will offer series of lectures on various foot and ankle pathology. The focus is to discuss diabetic foot and its associated diseases such as peripheral vascular disease, neuropathy, and lower extremity infection. There will be discussion on how to manage trauma in diabetic patients. Other non-diabetic foot and ankle surgical complications will be explored to include discussing methods to prevent postoperative complications and reduce the rate of less desired outcomes. Pediatric congenital disorders will be presented with aim in discussing methods to assess and treat pediatric lower extremity disorders.

The target audience includes Podiatrists (physicians, Residents and students), Nurse Practitioners, Orthopedists, Physician Assistants and Podiatric Health Technicians. The Seminar will be held for two days (all day on Friday and all day on Saturday). There will be a one hour keynote speaker during Saturday night reception.

OBJECTIVES

Risk Management Concerns in Surgical Patients

- Share legal aspect of surgical approaches to lower extremity conditions
- Present common claims associated with lower extremity surgery
- Explore methods to reduce risk of ligations.

Approach to Lower Extremity Trauma:

- Articulate the principles of lower extremity trauma
- Assess and present appropriate workup for lower extremity trauma.
- Discuss tips and tricks on how to better manage common foot and ankle trauma cases.
- Explore and debate treatment options for foot and ankle trauma to include chronic ankle syndesmotoc injuries, lisfranc's fracture, Tibial plafond, and ankle fracture.
- Provide guidance on how to diagnose necrotizing fasciitis and explain indications and timing to surgical approach for necrotizing fasciitis.
- Present indication and surgical techniques used in skin grafting of the foot and ankle.

Ankle Injuries:

- Determine cause and effect for soft tissue injuries around the ankle.
- Explore surgical options for chronic ankle syndesmotoc injuries in normal and diabetic patients.
- Discuss treatment options to revise failed ligament reconstruction of the ankle, more specifically the lateral ankle ligaments

Current Concepts on Complex Regional Pain Syndrome:

- Identify the different types of complex regional pain syndrome (CRPS).
- Recognize the signs and symptoms associated with CRPS.
- Be familiar with etiology and risk factors for CRPS.
- Discuss treatment options for lower extremity CRPS.

Biomechanics of Ankle:

- Present data on reliability of ankle joint range of motion and its impact on pathologies seen in lower extremity.
- Discuss methods to better examine the biomechanics of the ankle joint.

Flatfoot Reconstruction:

- List surgical options for treatment of pes planus deformity with focus on planal dominance.
- Discuss techniques to achieve a successful fusion and deformity correction.

Complications in Bunion/HAV Correction:

- Recognize common complications seen in bunion surgery.
- Present and discuss revision procedures for failed bunion surgeries.
- Share tips on surgical techniques that can help prevent such post-operative deformities and recurrence.

Foot & Ankle Degenerative Joint Disease:

- Provide surgical options for end stage degenerative joint disease of the foot and ankle.
- Identify differences in fixation methods used for ankle and subtalar joint arthrodesis.
- Discuss rate and time to fusion for subtalar and ankle joint arthrodesis.
- Provide options for revision arthrodesis of the foot: triple arthrodesis.

Podiatric Medicine:

- Present various systemic disorders that affect lower extremity to include: cutaneous disorders.
- Discuss treatment options for lower extremity pathologies seen in patients with Cerebral palsy.
- Provide methods to diagnose and discuss options to treat avascular necrosis of the bones in the foot with focus on common osseous AVN: Mueller Weiss Syndrome

Pediatric Congenital Disorders:

- Understand conservative and surgical approach to pediatric deformities, more specifically vertical talus, clubfoot and cerebral palsy.
- Identify differences in treatment of adult versus pediatric deformities.

Diabetes Mellitus and Lower extremity:

- Discuss the impact of vascular disease and peripheral neuropathy in lower extremity conditions.
- Provide options for prophylactic surgeries in diabetic patients with aim in reduction of amputation rates.
- Explore options for treatment of peripheral vascular disease.
- Present evidence based medicine in treatment of Charcot neuroarthropathy.
- Provide information on new and upcoming wound care technology.
- Identify steps to improve wound healing rate in at-risk patients.
- Present a model of multi-inter-disciplinary team approach to Diabetes with aim at limb salvage.

KEY NOTE LECTURE:

Electronic Health Record and Wound Care: Making the Technology Work for Us

- Describe the capabilities of E.H.R. in general
- Discuss the documentation efficiencies of an E.H.R.
- Explain the auto-populate function of an E.H.R.

The New Mexico Podiatric Medicine and Surgery Residency congratulates the following

PAST AWARD WINNERS:

Alumni of the Year	Richard Puhl, DPM (2014)
Golden Foot Award	John Corson, MD (2014) James Goff, DM (2013)
Faculty Surgeon of the Year	Selina Silva, MD (2014) John Grasinger, MD (2014) James Russell, MD (2013) John Grasinger, MD (2012)
Podiatric Faculty Surgeon of the Year	Matthew Cobb, DPM (2014) Matthew Cobb, DPM (2013) Matthew Cobb, DPM (2012)
Medicine Faculty of the Year:	Cynthia Geppert, MD (2014) Nels Dahlgran, MD (2013) Cynthia Geppert, MD (2012) Deidre Hofinger, MD (2012)
Grand Rounds Surgeon of the Year	Sarah Mele, DPM (2014) Zach Haas, DPM (2013) Mathew Cobb, DPM (2012)